



SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under UP Govt. Act No. 29 of 2008 and approved under section 2 (f) of UGC Act, 1956)

MAHARISHI AUROBINDO SUBHARTI INSTITUTE OF NATUROPATHY & YOGIC SCIENCES

ACTIVITY REPORT

**MAHARISHI AUROBINDO SUBHARTI INSTITUTE OF
NATUROPATHY & YOGIC SCIENCES**

ACTIVITY REPORT

2016 - 2017

Activity Report of August 2016

- All the Faculty & students attended Subharti Day on 11-08-2016.
- Our staff & students attended Shradhanjali Sabha of Late Hon'ble Mrs. Rajwati Bhatnagar, Founder SKKB Charitable Trust on 22nd August 2016.
- Our college staff & students participated in Janmashtami celebrations on 25th August 2016. Our students won the first prize for Jhanki Competetion.

Activity Report of September 2016

- 3rd September 2016 our staff & all 1st BNYS Batch 2016 students attended the University Orientation program from 11.00 am to 2.00 pm



Our staff & all 1st BNYS Batch 2016 students attended the University Orientation program

- Our students participated in Subharti University Inter collegiate Cross country Race 10th September 2016.



Inter collegiate Cross country Race

- Our students attended National Seminar on Emerging Trends of Research in Yoga & Naturopathy from 16th – 18th September, 2016 at Adhyatma Sadhna Kendra, Chhattarpur, Delhi organized by Central Council for Research in Yoga & Naturopathy, New Delhi. Dr. Saritha N.K. Lecturer/ Asst. Professor accompanied the students.
- Dr. Abhay M. Shankaregowda, Principal was invited as Co-Chair Person on 18th September 2016 at National Seminar on Emerging Trends of Research in Yoga & Naturopathy from 16th – 18th September, 2016 at Adhyatma Sadhna Kendra, Chhattarpur, Delhi organized by Central Council for Research in Yoga & Naturopathy, New Delhi
- Our college conducted a Yoga Workshop at Rana Public School, Muzaffarnagar on 16th September 2016 in association with Central Admission Cell, SVSU. A total of 300 staff & students were benefitted



Yoga Workshop at Rana Public School, Muzaffarnagar

- Our students & faculty attended Subharti Day Program in Maangalya Convention Hall on 20th September 2016
- Our college conducted a Yoga Workshop at Krishik Inter College, Mawana, Meerut on 22nd September 2016 in association with Central Admission Cell, SVSU. A total of 100 staff & students were benefitted.



Yoga Workshop at Krishik Inter College, Mawana, Meerut

- Our students participated in the Essay Writing & Poster making competition on 23rd September 2016 held in Ganesh Shankar Vidyarthi Subharti Institute of Journalism and Mass Communication which organized a campaign on Cleanliness and Hygiene “SWACHH DAY”
- Our college conducted a Yoga Workshop at Vidya Mandir Inter College, Shastri Nagar Meerut on 26th September 2016 in association with Central Admission Cell, SVSU. A total of 250 staff & students were benefitted.



Yoga Workshop at Vidya Mandir Inter College, Shastri Nagar Meerut

- Our college conducted a Yoga Workshop at Govt. Girls Inter College, Kila, Meerut on 27th September 2016 in association with Central Admission Cell, SVSU. A total of 120 staff & students were benefitted.



Yoga Workshop at Govt. Girls Inter College, Kila, Meerut

Activity Report of January 2017

- Our college faculty members participated in sports competition on 3rd Jan 2017 in the “UNI MENTORS FEST-2017” organized by SVSU.



Sports competition “UNI MENTORS FEST-2017”

- Our college female faculty, non teaching staff, interns & students attended “Udan”-womens empowerment program conducted by SVSU, at Mangalya Convention centre on 6th Jan 2016. Mrs Smrithi Irani Hon’ble Minister for education, Govt of India.
- Our college conducted a Yoga Workshop at Nav Jeewan Inter College Bhaisuma, On 10th Jan 2017 in association with Central Admission Cell, SVSU. A total of 700 staff & students were benefitted.



Yoga Workshop at Nav Jeewan Inter College Bhaisuma

- An Awareness program on Self Administration of anti-biotics & their effect was conducted by 3rd year MBBS students with the co-guidance of Dr. Lalita Sisodia Dept. of Community Medicine, SMC in our college. It was attended by 100 students of BNYS and the faculties at 2:00 PM on 10th Jan 2017.



An Awareness program on Self Administration of anti-biotics & their effect

- Our college students attended a program to produce a Documentary film by team from DD National about our university on 11th Jan 2017.
- Two students attended a talk show video shoot by Mass Communication College in Mangalaya Convention Centre on 12th Jan, 2017.
- Our college principal & students attended Swami Vivekanand Jayanti program at 11:00 AM in Sanskriti department on 12th Jan, 2017.
- Our college conducted an “ANNUAL CULTURAL FEST 2016-17” of our institution for our students on 14th Jan 2017 in Madan Mohan Malvia hall of SITE SVSU.





“ANNUAL CULTURAL FEST 2016-17”

- AN awareness program about “VITTIYA SAKSHARATA ABHIYAN” (VISAKA)- was done in our college for all students & faculty. A presentation was given by Dr. C. Raghunandan on 16th Jan 2017 between 3:00-4:00 pm.



“VITTIYA SAKSHARATA ABHIYAN” (VISAKA)

- Our college female faculty members participated in dancing and Hair style competition on 20th Jan 2017 conducted by “ANOKHI CLUB” at SVSU in association with Star Plus &

Hindustan Times. Dr.Saritha NK won 1st prize in dancing and Dr.Tazmani Sultana won first prize in Hair Styling competition.

- Dr. Abhay M. Shankaregowda, Principal was invited to be a expert member for fellowship programs of National Institute of Naturopathy, Ministry of AYUSH, Govt. of India, Pune on 20th January 2017 in Pune.
- Principal, Faculty, Staff & students attended the celebration of 68th Republic day on 26th Jan 2017.



Celebration of 68th Republic day

Activity Report of Feburary 2017

- Our college students and faculty attended National Natural Food Festival (NNFF)- 2017 (Satvik Aahar Mela) & Yoga Naturopathy Seminar at Bhubaneswar, Odissa on 10th,11th&12th Feb 2017 and students participated in naturopathic food stalls and got a shield



National Natural Food Festival (NNFF)-2017 (Satvik Aahar Mela) & Yoga Naturopathy Seminar at Bhubaneswar, Odissa

- Our college conducted a yoga workshop at Marwar Inter College, Pilkhawa on 14th – Feb-2017 in association with Central Admission Cell, SVSU. A total of 400 staff & students were benefitted.



Yoga workshop at Marwar Inter College, Pilkhawa

- Principal and faculty members attended a Lecture by Dr. N.K. Ahuja, Hon'ble Vice Chancellor, SVSU on the Topic "Outcome Based Education" in Mangalya Convention centre on 14th Feb 2017.
- All the staff attended a fire training & fire drill on 20th -Feb-2017 at 12:00 pm in our college premises conducted by the Fire Department, SVSU.
- Our college conducted a yoga workshop at Arya Academy Inter College, Muzaffarnagar on 21st -Feb-2017 in association with Central Admission Cell, SVSU. A total of 210 staff & students were benefitted.



Yoga workshop at Arya Academy Inter College, Muzaffarnagar

- Our college conducted a yoga workshop at New Welkin Public School at Mujhera, Muzaffarnagar on 28th-Feb-2017 in association with Central Admission Cell, SVSU. A total of 800 staff & students were benefitted.



Yoga workshop at New Welkin Public School at Mujhera, Muzaffarnagar

Activity Report of March 2017

- BNYS students attended a guest lecture on scope & recent developments in the field of Naturopathy & Yoga by Dr. Vadiraj H.S. Research officer, CCRYN, New Delhi.



Guest lecture on scope & recent developments in the field of Naturopathy & Yoga

- Our institution staff and students attended birth anniversary celebrated of KalpnaChawla on 17-3-2017 in Sanskriti Department, svsu.



Birth anniversary celebrated of Kalpna Chawla

- Ankit Choudhary final year BNYS student of our college won the 1st place in solo dance held on 25th March 2017 in VAHIRANA.A Media fest organized by Subharti Mass com college.



Ankit Choudhary final year BNYS student of our college won the 1st place in solo dance

Activity Report of April 2017

- Dr.Abhay M.Shankaregowda, principal was Hon'ble vice chancellor's nominee of the selection committee on 01-04-2017 for the selection of electrical & electronics engineering at 10:30 am to 04:00 pm in Subharti dental college svsu.
- Workshop on WORLD Health day on the topic DEPRESSION let's talk & yoga application in department of home science & dental college & hospital in Subharti university on 07/04/2017.



Workshop on WORLD Health day on the topic DEPRESSION let's talk & yoga

- Guest lecture on “Lifestyle Modification for better health through naturopathy & yoga”. By our principal Dr. Abhay M.Shankaregowda followed by Execution stress management workshop for all the by Dr.Saritha NK & Dr.Raghu Nandan Asst.Professors, final year students Maharishi Aurobindo Subharti Institute of Naturopathy & yogic sciences.07/04/2017.World health day.



Guest lecture on “Lifestyle Modification for better health through naturopathy & yoga”



सुभारती डेंटल कॉलेज में मेधावियों को सम्मानित भी किया गया। • हिन्दुस्तान

छात्र-छात्राओं को दी योगासन की जानकारी

मेरठ। सुभारती डेंटल कॉलेज एंव अस्पताल में विश्व स्वास्थ्य दिवस मनाया गया। कॉलेज के छात्र-छात्राओं ने योग आसन की जानकारी दी। योग विज्ञान के प्राचार्य डॉ. अभय शंकरगोवडा ने बताया कि योग अभ्यास कर प्रतिदिनों के कार्यों के तनाव से बच सकते हैं। शिफर में उप कुलपति डॉ. एनके आहुजा, डेंटल कॉलेज के प्राचार्य डॉ. निखिल श्रीवास्तव, डॉ. मयूर कौशिक, डॉ. शिवाजलि, डॉ. मीतिका, डॉ. संचित प्रधान, डॉ. सध्यद, आकिफ, डॉ. निमित्त सिंह, आबोदा, हिना, नंदिनी, श्रेया, आंकाक्षा, दामिनी, ज्योति, मुजमिल, शिवांगी, बबूशा, आदिती का विशेष सहयोग रहा। यह जानकारी डॉ. मयूर कौशिक ने दी।

- Syllabus Reformation Team in SVYASA Bangalore in task force meeting held on April 13-14,2017.



Syllabus Reformation Team in SVYASA Bangalore

- Our interns attended a CME on Philosophy and basis of Naturopathy & Natural Hygiene, Opportunities and avenues globally from Naturopathy at National Institute of Naturopathy (NIN), Pune.



CME on Philosophy and basis of Naturopathy & Natural Hygiene at National Institute of Naturopathy (NIN), Pune

- Our interns visited one of India's best Health Destination Atmanan Pune for an educational tour. Thanks to Atmanan, Pune & Dr. Manoj Kutteri for arranging and educating our interns.



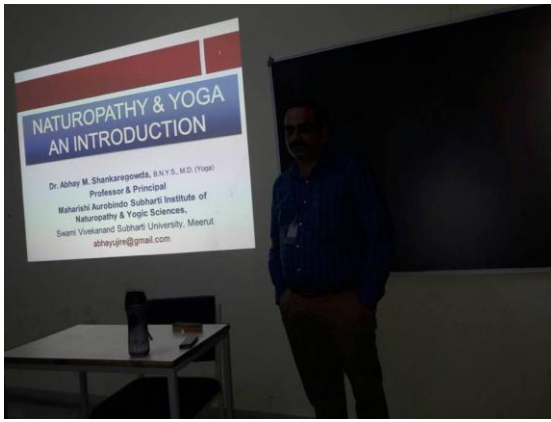
Our interns visited one of India's best Health Destination Atmanan Pune

- An introductory lecture on Sudarshan Kriya Yes !+Workshop in our college conducted by Matteri on 25th April 2017 between 3:30 to 4:30 Pm.



An introductory lecture on Sudarshan Kriya

- An orientation lecture & demonstration on naturopathy & yoga was done for MBBS interns on 29th April 2017 in our institution.



An orientation lecture & demonstration on naturopathy & yoga

- Students of our Institution visited Balaji Nirogadham, Bhaktawarpur, New Delhi on April 29th 2017 as part of Study Visit.





Students of our Institution visited Balaji Nirogadhham, Bhaktawarpur, New Delhi

Activity Report of May 2017

- Third year and final year bnys students attended Subharti Day Veer Chhatrasal Jyanti program on 04th MAY2017.



Subharti Day Veer Chhatrasal Jyanti

- Dr.Abhay M.Shankaregowda, Principal attended Hon'ble Vice Chancellor's; a lecture on "Credit Based System" is scheduled on 08th May 2017 at 2:15 PM in Madan Mohan Malviya Auditorium SITE.
- Free Naturopathy & Yoga Consultation/ Treatment Camp at the Famous Nauchandi Mela Grounds, Meerut was inaugurated on 9th May 2017 by Mr.Sameer Verma, I.A.S. District Magistrate, Meerut. The camp will run for a Months period.



Free Naturopathy & Yoga Consultation/ Treatment Camp at the Famous Nauchandi Mela Grounds, Meerut

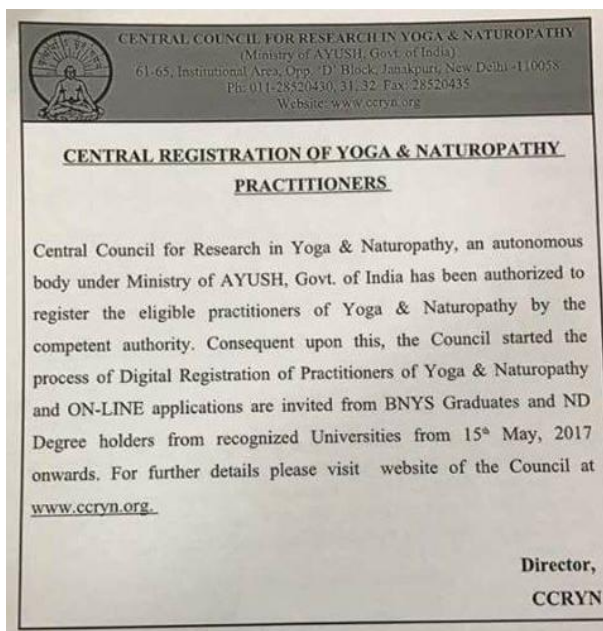
सुभारती का चिकित्सा शिविर शुरू



मेरठ (ब्यूरो)। नौचंदी मेले में स्वामी विवेकानंद सुभारती विधि एवं अस्पताल की ओर से निशुल्क चिकित्सा शिविर का झोरम समीर वर्मा ने शुभारंभ किया। सुभारती केकेबी चैरिटेबल ट्रस्ट की अध्यक्ष डॉ. शल्या राज ने कहा कि शिविर आम लोगों को निशुल्क चिकित्सा सेवा उपलब्ध कराएगा। इसमें प्राथमिक उपचार, दवाइयों और परामर्श निशुल्क दिया जाएगा। विधि केकुलपति डॉ. एनके आहुजा ने कहा कि विधि के उद्देश्यों में से एक है सेवा और राष्ट्रीयता। लोकप्रिय अस्पताल के निदेशक डॉ. रोहित रविंद्र ने बताया कि मेले में जनता के लिए लोकप्रिय अस्पताल की अत्याधुनिक एंबुलेंस तैनात रहेगी। सुभारती डेंटल कॉलेज की अत्याधुनिक चल दंत चिकित्सा बाहन भी रहेगी। सुभारती ट्रस्ट केसचिव डॉ. एसडी खान, कुल सचिव पीके गर्वा, अतिरिक्त कुल सचिव सैयद जफर हुसेन, मेडिकल कालेज प्रिंसिपल डॉ. एके अस्थाना, डेंटल कालेज के प्रिंसिपल निखिल श्रीवास्तव, शिविर परामर्श समिति के अधिकारी डॉ. राहुल बंसल, शिविर निरीक्षक डॉ. वैभव गोयल, डॉ. अमय शंकरगोड़ा, डॉ. विवेक संस्कृति, डॉ. नीरज कर्ण सिंह, समीर सिंह आदि उपस्थित रहे।

Article of inaugurated Medical Camp dated on 9th May 2017.

- Subharti Mass Communication department student had interviewed MASINYS faculties Dr.Dhanyamol AP about naturopathy & its role in summer. Dr.Saritha NK had given interview about Yoga and its special tips for summer.
- Eighty Science students of Maples Academy, Budhana of 10th & 12th class visited our institution on 11/05/2017 at 11:00AM.Dr.Dhanyamol. AP and Dr.Raghunandan. C had given motivating talks for students & faculties about Naturopathy & Yoga.
- Dr.Dhanyamol AP, assistant professor attended meeting of the admission cell on 13/05/2017 in conference hall at 1:00 pm and Dr. Shalya Raj, president SKKBCT handed over the appreciation memento for NAAC“A” grade certificate effort done by MASINYS team.
- The Central Council for Research in Yoga & Naturopathy (CCRYN), Ministry of AYUSH, New Delhi notified for Central Registration process of B.N.Y.S. (Bachelor of Naturopathy & Yogic Sciences) graduates who will be able to send their applications online from May, 15th 2017. Our University & Institution are added to Central Database & approved by the Council.



- The formal Inauguration of International Day of Yoga (IDY) - 2017 was held on 25th May 2017 in the Auditorium of Sardar Patel institute of law. Inauguration was done by Dr. Mukti Bhatnagar, Founder Subharti, Hon'ble Vice Chancellor Dr. NK Ahuja, Dr. Shalya Raj, President, SKKBCT, Dr. Anurag, HOD, Dept. of Surgery AIIMS, New Delhi, Dr. Rahul Bansal, HOD, Dept. of Community Medicine. HOI's, HOD's, Faculty, Non teaching staff & students of various institutions of Subharti University attended the program. Dr. Abhay M. Shankaregowda, Principal introduced about the program & welcomed the gathering. Dr. Saritha NK conducted a Stress Management program for all the audience. Dr. Dhanyamol AP presented the Vote of Thanks.





The formal Inauguration of International Day of Yoga (IDY) – 2017

- Dr.Dhanyamol AP Attended a National seminar on “Ethical issues on research in different fields” and presented a paper on “Ethical considerations in medical research involving human subjects.” conducted in Faculty of Education on 26th May 2017.
- Free yoga camp on account of International Day of Yoga for 15 days started in Bhikaji Cama Subharti Institute of Hotel Management on 30th May 2017 at 10:00am.



Yoga camp on account of International Day of Yoga for 15 days started in Bhikaji Cama Subharti Institute of Hotel Management

Activity Report of JUNE 2017

- International Day of Yoga 2017 Celebrations. CCRYN Sponsored Free Yoga camps from 1st June 2017 to 21st June 2017.
- Camp: RAJKIYA BAL GRAH (From 01/06/2017 to 25/06/2017).





Camp: RAJKIYA SAMPRESHAN GRAH (From 01/06/2017 to 21/06/2017).



Camp: SUBHARTI INSTITUTE OF TECHNOLOGY & ENGINEERING (From 01/06/2017 to 21/06/2017).



Camp: HOTEL MANAGEMENT AND HOME SCIENCE (From 01/06/2017 to 21/06/2017).







Camp: PHYSICAL EDUCATION (From 02/06/2017 to 21/06/2017)

- An orientation lecture & demonstration on Naturopathy & Yoga was done for MBBS interns on 3rd June 2017 in our institution. Dr. Abhay M. Shankaregowda, Principal conducted the lecture; Intern gave a tour & demonstrated Naturopathy & Yoga Therapies.
- Camp: ABHA MANAV MANDIR (From 05/06/2017 to 21/06/2017).



Camp: ABHA MANAV MANDIR



Camp: DISTRICT JAIL MEERUT (FEMALE) (From 05/06/2017 to 21/06/2017).



Camp: DISTRICT JAIL MEERUT (MALE) (From 05/06/2017 to 21/06/2017)



Camp: SUBHARTI MEDICAL COLLEGE (From 05/06/2017 to 21/06/2017)



Camp: SUBHARTI DENTAL COLLEGE (From 05/06/2017 to 21/06/2017)





Camp: PAL DHARAMSHALA RITHANI, MEERUT (From 09/06/2017 to 21/06/2017)





Camp: VED VYAS PURI PARK (From 12/06/2017 to 21/06/2017)



Camp: SHAHID BHAGAT SINGH SUBHARTI URBAN HEALTH CENTER MULTAN NAGAR (From 19/06/2017 to 21/06/2017)





Camp: Rajkiya Mahila Shamalay & Rajkiya Pashchatvarti Dekh Sangathan, Meerut

- Publishing Photographs is not allowed
- International Day of Yoga 2017. A yoga for all program was organized in the morning in Guru Teg Bahadur hall where staff, students & family members of SVSU together practiced Common yoga protocol of the IDY. More than 100 members participated.



International Day of Yoga 2017





International Day of Yoga Celebrations IN MEERUT CENTRAL JAIL ON 21ST JUNE 2017 at 2:00 pm to 5:00 pm

- On 21-06-2017 International Day of Yoga was celebrated in our University. The Valedictory function of the celebrations which included Free yoga camps conducted in & around Meerut in various places benefitting more than 1000 participants. The Program was inaugurated by all the Dignitaries. Swami Karmaveerji a renowned Yogi, Dr. Manju Siwach, MLA (Modinagar), UP were the Guests of Honor. Dr. Mukti Bhatnagar, Founder Subharti, Dr. N.K. Ahuja, Hon'ble Vice Chancellor, Dr. Shalya Raj, President, SKKBCT were among the Distinguished dignitaries. The program was attended by nearly 1500 people. Dr. Abhay M. Shankaregowda, Principal was the coordinator & Dr. Rahul Bansal, HOD, Dept. of Community Medicine. SMC was the consultant of the program. A report of all the Free Yoga camps and activities conducted were summarized & all the Faculty & students involved were felicitated with a Memento & Certificate.





International Day of Yoga was celebrated in our University